

# June 2026 Activities & Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1 SPECIAL EVENT</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
	9:30-11:30am Adaptive Fitness 10am-11:30am Therapeutic Music <b>11-11:45 Lunch &amp; Learn</b> 12pm Lunch <b>12:30-1:30 Lunch &amp; Learn</b>	9am Knit & Stitch, Painting, Woodcarving 11:45am Lunch 1pm Member Bingo	9am Fun & Fitness 10:10am Chair Fitness 12pm Lunch 12:30pm Cards	9am Painting 12pm Lunch 1pm Choir 2:45pm Line Dancing	9am Fun & Fitness 12pm Lunch	
<b>7</b>	<b>8</b>	<b>9 SPECIAL EVENT</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13 SPECIAL EVENT</b>
11am Super Bingo	9:30-11:30am Adaptive Fitness 10-11:30am Therapeutic Music 12pm Lunch	9am Knit & Stitch, Painting, Woodcarving <b>10am-12pm Frolic with Franklyn</b> 11:45am Lunch 1pm Member Bingo	9am Fun & Fitness 10:10am Chair Fitness 12pm Lunch 12:30pm Cards	9am Painting 12pm Lunch 1pm Choir 2:45pm Line Dancing	9am Fun & Fitness 10:10am Chair Fitness 12pm Lunch	<b>2-4pm Choir Concert</b>
<b>14</b>	<b>15 SPECIAL EVENT</b>	<b>16 SPECIAL EVENT</b>	<b>17</b>	<b>18</b>	<b>19 SPECIAL EVENT</b>	<b>20 SPECIAL EVENT</b>
11am Super Bingo	9:30-11:30am Adaptive Fitness 10-11:30am Therapeutic Music <b>11am-12pm Lunch &amp; Learn</b> 12pm Lunch <b>1-3pm Craft Club</b>	9am Knit & Stitch, Painting, Woodcarving <b>11am-1pm Lunch &amp; Learn</b> 11:45am Lunch 1pm Member Bingo	9am Fun & Fitness 10:10am Chair Fitness 12pm Lunch 12:30pm Cards	9am Painting 12pm Lunch 1pm Choir 2:45pm Line Dancing	9am Fun & Fitness 10:10am Chair Fitness <b>12pm Father's Day BBQ</b>	<b>10am-2pm Purses with Purpose</b>
<b>21</b>	<b>22 SPECIAL EVENT</b>	<b>23</b>	<b>24</b>	<b>25 SPECIAL EVENT</b>	<b>26 BIRTHDAY CAKE DAY</b>	<b>27 SPECIAL EVENT</b>
11am Super Bingo	9:30-11:30am Adaptive Fitness 10-11:30am Therapeutic Music 12pm Lunch <b>1-2pm Concert in Care</b>	9am Knit & Stitch, Painting, Woodcarving 11:45am Lunch 1pm Member Bingo	9am Fun & Fitness 10:10am Chair Fitness 12pm Lunch 12:30pm Cards	9am Painting 12pm Lunch 1pm Choir 2:45pm Line Dancing <b>6pm-9pm Newfie Dance</b>	9am Fun & Fitness <b>9am Foot Care</b> 10:10am Chair Fitness 12pm Lunch <b>12pm Birthday Cake Day</b>	<b>11am Epic Bingo</b>
<b>28</b>	<b>29 SPECIAL EVENT</b>	<b>30</b>				
11am Super Bingo	9:30-11:30am Adaptive Fitness 10-11:30am Therapeutic Music 12pm Lunch <b>1pm AGM</b>	9am Knit & Stitch, Painting, Woodcarving 11:45am Lunch 1pm Member Bingo				

**Special Events**

June 1 Lunch & Learn	June 19 Father's Day BBQ
June 9 Frolic with Franklyn	June 20 Purses with Purpose
June 13 Choir Concert	June 22 Music Monday
June 15 Lunch & Learn	June 25 Newfie Dance
June 15 Craft Club	June 27 Epic Bingo
June 16 Lunch & Learn	June 29 AGM

# June 2026

# June 2026 In House Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
	Bangers & Mash, Onion Gravy, Peas, Pineapple Tidbits	Homemade Lasagna, Green Beans, Garlic Bread, Butterscotch Pudding	Salisbury Steak & Gravy, Broccoli, Home Fries, Pears	Cold Plate with Ham & Roast Turkey, Potato Salad, Coleslaw, Roll, Cherry Cheesecake	Lemon Pepper Haddock w/ Cream Sauce, Rice, Green Beans, Oatmeal Cookies	
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
	Macaroni & Cheese, Steamed Vegetables, Roll, Peaches	Chilli, Roll, Sugar Cookie	Roast Beef w/ Gravy, Mashed Potato, Carrots, Jello w/ Cream	Pork & Veggie Stir-Fry with Chinese Noodles, Vanilla Coconut Cake	Chicken Parmigiana, Pasta, Broccoli, Pineapple Delight	
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19 FATHER'S DAY BBQ</b>	<b>20</b>
	Chicken Pot Pie, Broccoli, Yellow Beans, Vanilla Pudding	Beef Stew, Mashed Potato, Roll, Chocolate Chip Cookies	Roast Pork w/ Gravy, Mashed Potato, Peas, Caramel Pudding	Sweet & Sour Meatballs, Rice, Veggie Medley, Jello w/ Cream	Hamburger & Hotdog, Coleslaw, Potato Salad, Strawberry Shortcake Member \$12.00 Non-Member \$15.00	
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
	Honey Garlic Chicken Thigh, Rice, Carrots, Coconut Pudding	Meatloaf with Gravy, Mashed Potato, Yellow Beans, Jello w/ Cream	Chicken & Veggie Stir-Fry, Rice, Triple Chocolate Cookies	Shepherd's Pie, Three Bean Salad, Tea Biscuit, Fruited Jello	Baked Haddock w/ Sweet Onion, Chive & Cheddar Mash Potato, Peas, Bread Pudding	
<b>28</b>	<b>29</b>	<b>30</b>				
	Spaghetti w/ Meat Sauce, Garlic Bread, Fruit Cocktail	Turkey a La King, Yellow Beans, Tea Biscuit, Chocolate Pudding				

# June 2026

**Meal Prices: Eat In: \$10.50 Member / \$11.50 Non-Member**

**Takeout: \$11.00 Member / \$12.00 Non-Member**

**Meal Times: Monday, Wednesday, Thursday, Friday 12pm. Your ticket must be bought before 12.  
Tuesday 11:45am. Your ticket must be bought before 11:45am  
Special Lunches Check Posters for Details**